



Approved by:

Rachael McEnaney

Alabama Slammin'

2 WALL – 48 COUNTS – INTERMEDIATE

STEPS	ACTUAL FOOTWORK	CALLING SUGGESTION	DIRECTION
Section 1 1 – 2 3 – 4 5 & 6 7 & 8	Forward Rock, 3/4 Turn, Sailor 1/4 Turn, Kick Ball Side Rock forward on right. Recover onto left. Turn 1/2 right stepping right forward. Turn 1/4 right stepping left to left side. (9:00) Cross right behind left. Turn 1/4 right stepping left beside right. Step right forward. Kick left forward. Step left beside right. Step right big step to right side. (12:00)	Rock Forward Half Quarter Sailor Quarter Turn Kick Ball Side	On the spot Turning right Right
Section 2 1 & 2 3 & 4 5 & 6 & 7 & 8	Tap Tap Side, Sailor 1/4 Turn, Toe Tap & Heel Jack x 2 Tap left toe beside right twice. Step left to left side. Cross right behind left. Turn 1/4 right stepping left beside right. Step right forward. Touch left toe beside right. Step left back. Touch right heel forward. (3:00) Step right in place. Touch left toe beside right. Step left back. Touch right heel forward.	Tap Tap Side Sailor Quarter Turn Toe & Heel & Toe & Heel	Left Turning right On the spot
Section 3 & 1 – 2 3 & 4 5 – 6 7 & 8	& Side Rock, Behind Side Cross, Side Rock, Sailor 1/4 Turn Step right in place. Rock left to left side. Recover onto right. Cross left behind right. Step right to right side. Cross left over right. Rock right to right side. Recover onto left. Cross right behind left. Turn 1/4 right stepping left beside right. Step right forward. (6:00)	& Side Rock Behind Side Cross Side Rock Sailor Quarter Turn	On the spot Right On the spot Turning right
Section 4 1 – 2 3 – 4 Option 5 & 6 7 & 8	Step, Pivot 1/2, Full Turn Travelling Forward, Forward Mambo, Run Back x 3 Step left forward. Pivot 1/2 turn right. Turn 1/2 right stepping left back. Turn 1/2 right stepping right forward. (12:00) Replace full turn with Walk Forward, left, right. Rock forward on left. Rock back on right. Step left back. Step right back. Step left back. Step right back.	Step Pivot Full Turn Forward Mambo Run Run Run	Turning right On the spot Back
Section 5 1 – 2 & 3 – 4 5 – 6 7 – 8	Back, Hold, Ball Walk Walk, Bump, Step, Step, Pivot 1/4 Step left big step back. Hold. Step ball of right in place. Step forward left. Step forward right. Touch left toe forward, bumping hips forward. Step left forward. Step right forward. Pivot 1/4 turn left. (9:00)	Back Hold Ball Walk Walk Bump Step Step Quarter	Back Forward Turning left
Section 6 1 & 2 3 – 4 5 & 6 & 7 – 8 Note	Cross Shuffle, 3/4 Turn, Heel Switch x 2, & Big Step, Brush Cross right over left. Step left to left side. Cross right over left. Turn 1/4 right stepping left back. Turn 1/2 right stepping right forward. (6:00) Touch left heel forward. Step left in place. Touch right heel forward. Step ball of right in place. Step left big step forward. Brush right forward. On step forward, lean back slightly and imagine stepping over a box.	Cross Shuffle Quarter Half Heel & Heel & Step Brush	Left Turning right On the spot Forward

Choreographed by: Rachael McEnaney (UK) June 2011

Choreographed to: 'If You Want My Love' by Laura Bell Bundy (112 bpm)
 from CD Achin' and Shakin'
 (32 count intro - start on vocals)

Happy Birthday to Rachael from everyone in Line dancing!



A video clip of this dance is available at www.linedancermagazine.com